

Some of the medical services provided:

- Preventative health care
- Women's Health
- Childhood immunisations
- Skin cancer checks and surgery
- Flu vaccines
- Antenatal care
- Family planning
- WorkCover
- Pre-employment checks
- Drug & Alcohol

Medical Fees

We are a private billing practice. Fees and rebates are displayed at the reception desk. We provide a discounted fee for those who can show a current Health Care or Pension card. Our standard private fee is \$82 and the discounted consultation fee is \$66.00 (Medicare rebate: \$39.75).

For long (over 20 minutes) consultations, our private fee is \$127.00 and the discounted consultation fee is \$106.00 (Medicare rebate: \$76.95).

We bulk bill Department of Veteran Affairs card holders and those First Nations patients who have registered with the Practice. Please check billing arrangements when you make your appointment.

Please inform the staff if your case is workers compensation, third party insurance or other non-Medicare matters.

Accounts are to be settled at the time of consultations - we accept cash, credit card or EFTPOS. We are registered with Medicare Australia Online so if you have registered your bank details with Medicare, your rebate can be refunded immediately.

Depending on requested tests, our usual pathology and x-ray provider generally bulk bill as a rule. Please check with the provider when making an appointment.

All telehealth consults incur a private fee.

In an emergency, if you are unable to contact a doctor, phone Manning Hospital on (02) 6592 9111 or call 000.

Home visits - are available if you are a patient of our practice and your condition prevents you from coming to the practice. Unless urgent, home visits will be after hours and will require payment at the time of service.

In hours emergency access to doctors/nurses by phone - emergency calls are routinely directed to nursing staff. All non-emergency calls will be answered by the doctor or nurse between consultations or returned at the end of their appointments or at the end of the day.

Training and research - we are a training practice and often host medical students on clinical placements as part of their training. Thank you for helping them learn.

Privacy - Your medical record is a confidential document - It is the policy of this practice to maintain security of personal information at all times and this information is only available to authorised members of staff.

Complaints or feedback are welcome on any aspect of our service. In the first instance, please contact our Practice Manager on 02 6552 5533 or practicemanager@healthhubtaree.com.au. Any complaints unable to be resolved within the practice may be referred to the NSW Health Care Complaints Commission at Locked Mail Bag 18, Strawberry Hills, phone: 1800 043 159 or online via <http://www.hccc.nsw.gov.au/complaints/default.aspx>.



Taree

Butterworth Car Park
15 Butterworth Lane
02 6552 5533
healthhubtaree.com.au
office@healthhubtaree.com.au

Harrington

4/1-5 Caledonia Street (beside IGA)
02 6556 1855
healthhubharrington.com.au
office@healthhubharrington.com.au



WELCOME

We are dedicated to providing you with the highest standard of whole-person care and promoting health, wellbeing and disease prevention. We uphold a non-judgemental approach, treating everybody with dignity and respect. No patient is refused access to care on the basis of gender, disability, age, religion, ethnicity, sexual preference or medical condition.

You can be assured of our quality and safety standards through our ongoing Accreditation with Quality Practice Accreditation (QPA)

We welcome new patients.

After Hours Care is available by calling the surgery on 6552 5533

**24/7
care**

**If your health
problem is urgent,
please alert the
staff immediately.**

The doctors

Dr Simon Holliday has been a rural GP for over 30 years and, since 2005, a specialist in Addiction Medicine. He has additional qualifications in Anaesthetics, Obstetrics and Epidemiology and has published research on pain, palliative care and GP education. He is a Conjoint Lecturer in the Faculty of Health at the University of Newcastle and won the 2022 Primary Care Leadership and Innovation Award from Hunter New England and Central Coast Primary Health Network.

Dr Lawrie Nguyen has been a GP in Taree since 2004. He completed his training as a doctor at the University of NSW and finished his GP Fellowship in 2000. His hobbies include walking, reading and spending time with family.

Dr Matthew Tyrpenou completed his GP Fellowship in 2020 and is a GP Registrar Supervisor. He has worked as a GP in Gosford, Newcastle and the Manning since 2018. He holds a Diploma of Child Health and an Advanced Certificate of Skin Cancer medicine and a Professional Certificate of Skin Cancer Surgery. Outside of work Matthew enjoys running and spending time with his family and dogs.

Dr Zia Hoque has been working in Australia since 2008. He has extensive experience in Mental Health, Drug and Alcohol problems, Pain management, Chronic disease management, Children and Women's Health and Workers Compensation. He is very passionate about patients with developmental delays and disabilities and has a good understanding of the complex NDIS system. He is also a registered GP provider of Focussed Psychological Strategies. He is empathetic by nature and believes in establishing a doctor - patient relationship based on mutual understanding, trust, loyalty and regard.

Dr Anne Jolly gained her medical degree in Samoa, after a long Australian career in nursing, midwifery and the Flying Doctor. Dr Jolly's medical interests include women's, men's and children's mental health as well as cancer care.

Dr Deo Villareal completed his medical studies in the Philippines. He has a Diploma in Child Health and has worked in general paediatrics in Manila and in Australia with extensive Paediatric Emergency training in KK Children's and Women's Hospital in Singapore, the largest referring Children's Hospital in Southeast Asia. He has practiced in the Manning since 2020. His field of interests include General Paediatrics, Adolescent medicine and chronic diseases of the elderly. He is fluent in English and Filipino.

Dr Edah Obligado has been practicing as a GP in the Philippines since 2008 and in the Manning since 2021. Her special interests are in family medicine, women's health and chronic disease management. Her love of helping friends, family and the general public to get on top of their health and wellbeing is deeply enrooted in her natural gentle and caring nature. She is the mother of three beautiful children who keep her on her toes. She would be happy to attend to your medical needs.

Dr Asma Susanna completed her medical training in Bangladesh and has worked in Sydney and Tamworth since 2013 as well as the Manning since 2021. She has worked extensively in tertiary care involving Women's Health, Diabetes, Critical care and Mental Health. Dr Susanna loves living in the area with her family and growing her cactuses. She is taking new patients and offers care in English and Bengali.

Dr Luisa Ayento-Torres finished a Bachelor's degree in Psychology before completing her Doctor of Medicine, specialising in adult medicine, overseas. She has previously worked in hospitals on the Central Coast before commencing with the HealthHub in 2022. She has a particular interest in General Medicine particularly in Geriatrics. She loves spending time with her family, the outdoors, doing yoga and poetry. She is fluent in English and Filipino.

Dr Manuel Torres completed a Bachelor's degree in Medical Technology prior to completing a Doctor of Medicine overseas. He then undertook adult medicine specialty training and worked in hospitals on the Central Coast. Since 2020, he worked as a GP in Gosford and Umina and in the Manning since 2022. He has a special interest in Child Health and Adult Medicine particularly chronic diseases. He loves spending time with his family, taking care of indoor plants and loves to travel. He is fluent in English and Filipino.

GP Registrars – our practice participates in the Australian GP Registrar Training Program. We host 6-12 month placements for fully qualified doctors undergoing specialised higher training in general practice.

Allied Health

Capstone Podiatry – Youngho (James) Lee is an accredited Podiatrist graduating with a Distinction from the University of Newcastle. James provides routine care for calluses, corns, warts and ingrown toenails. He utilises biomechanical and video gait analysis to assess the painful foot and tailor orthotics or modifications of footwear. James undertakes nail surgery and cares for high risk complications such as diabetic foot ulcers. He is happy to take on new patients.

Empower Physio for Women – Isobel Horniblow is an accredited Physiotherapist with training in Women's Health Physiotherapy. Isobel offers services in pelvic floor muscle training, pregnancy and post-natal pelvic floor physio, pregnancy related pain, bladder dysfunction, ano-rectal disorders, pelvic pain conditions and conservative management of pelvic organ prolapse. Isobel is also a skilled musculoskeletal physiotherapist and able to assist with muscle and joint pain and injury rehabilitation.

Toni Kernick is a Clinical Psychologist and member of the Australian Psychological Society. She is currently accepting referrals through Medicare and Veteran Affairs, as well as Private referrals. Toni enjoys working with young adults, adults, and older adults to collaboratively address difficulties such as work/study, burnout, sleep issues, anger, life transitions, adjustment issues, anxiety and phobias, and provides relationship counselling. Toni will also be including Animal Assisted Therapy in her private practice with her small co-therapist dog, Roy.

Consultations and Appointments

Please phone the practice for an appointment. We encourage you to ask for your preferred time and doctor. If there are not vacancies with your usual GP you will be provided with the option of seeing another doctor. If all doctors are fully booked and you have an emergency or a sick child, please advise reception so arrangements can be made to deal with the medical issue.

We're open 9am to 5pm weekdays and on Saturdays, Taree is open 9am to 2pm.

Most appointments are for 15 minutes but for procedures or complex problems, please call the practice and advise that you need a longer appointment. If you've visited our practice before, you can make standard-length (15 minutes) appointments online via our website. New patients need to ring the practice to make the first appointment.

If we have your mobile number, an SMS reminder will be sent to you the day before your appointment.

Walk-ins – We normally require people to make an appointment but we can sometimes help if you walk into the Practice. Priority is given to people who have made a booking. If you have an urgent situation we will try to make an appointment on the same day.

Doctors charge \$20 for repeat scripts for patients seen in the last fortnight. If you have not seen a doctor within that time-frame you will need to make an appointment.

We apologise if urgent or lengthy cases delay your appointment. To minimise missed appointments, there is a \$86 fee if at least 6 hours' notice is not provided.

Recalls/reminders

If you have pathology tests or x-rays, please ring for your results or make a follow up appointment a few days following the test. We do not ring you about routine results, only urgent ones.

We offer a reminder system for preventative health services. If you do not wish to be part of this system, please advise reception staff.

Communication

Messages can be left for your doctor if required and medical staff will respond. Emails can be forwarded to your practitioner for specific requests via our office email. These enquiries are filtered by our reception staff and forwarded to doctors when appropriate.